1. Which branch of the brachial plexus is most commonly involved in thoracic outlet syndrome compression?
   a. Musculocutaneous nerve
   b. Radial nerve
   c. Ulnar nerve
   d. Median nerve
2. Sensory symptoms from thoracic outlet syndrome are most likely to be felt:
   a. In the pinky finger
   b. In the index finger
   c. Along the backside of the thumb
   d. On the thenar aspect of the palm

3. Tight scalene muscles are most likely to be a key factor in which nerve compression pathology?
   a. Pectoralis minor syndrome
   b. Costoclavicular syndrome
   c. Carpal tunnel syndrome
   d. Radial tunnel syndrome

4. Which of the following symptoms is most likely a result of subclavian artery compression in thoracic outlet syndrome?
   a. Tingling in the index finger
   b. Coldness in the hand
   c. Loss of grip strength
   d. Paresthesia along the back edge of the arm
5. Which of the four variations of thoracic syndrome is least common?
   a. Pectoralis minor syndrome
   b. Costoclavicular syndrome
   c. Anterior scalene syndrome
   d. Neurogenic cervical rib compression

6. An important precaution for pin and stretch techniques to the pectoralis minor muscle is to:
   a. Make sure the muscle is always contracted when you treat it
   b. Release the scalene muscles first
   c. Only apply broad-based compression
   d. Make sure neurological symptoms are not aggravated
Adson’s Maneuver

Allen Test

Military Brace Test
Wright’s Abduction Test

Myofascial Approaches

Active Engagement- Scalenes
1. Which branch of the brachial plexus is most commonly involved in thoracic outlet syndrome compression?
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   c. Ulnar nerve  
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Post-Test

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Post-Test

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CONTEST

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