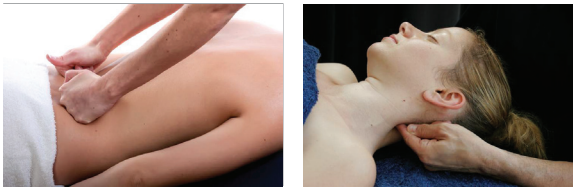


Advanced Deep Tissue & Myofascial Technique Hybrid Live Workshops & Interactive Zoom Webinars

Join Dr. Ben Benjamin for two days of **95% hands-on workshops**. At each full-day of training, you will learn several dozen myofascial and deep tissue muscular therapy techniques to address pain and injury in some of the most commonly injured structures of the body.

You will also understand the anatomy of these structures as never before through physically locating and palpating each of the targeted muscles, tendons, and ligaments. Most of these techniques were developed from actual cases from Dr. Benjamin's clinical practice.

SATURDAY 11/5 Neck & Back



THE NECK

supraspinous and nuchal ligaments •
intertransverse ligaments • TP7 ligaments
suboccipital muscles • sternocleidomastoid muscles

THE BACK

supraspinous and suprasacral ligaments •
iliolumbar ligaments • sacroiliac ligaments
sacroteruberous ligaments • gluteus medius muscle



Watch a 1-Hour Neck & Back
Workshop Preview

SUNDAY 11/6 Shoulder & Knee



THE SHOULDER

acromio-clavicular ligaments and surrounding muscles •
muscle-tendon units of the subscapularis, supraspinatus,
and infraspinatus • teres minor • pectoralis major

THE KNEE

suprapatellar and infrapatellar tendons •
medial and lateral quadriceps expansions • patellar retinacula
collateral ligaments • coronary ligaments



Watch a 1-Hour Shoulder & Knee
Workshop Preview

Neck & Back
ZOOM WEBINAR
Saturday, November 5
9am-5pm • 7 CEs*
CENTRAL TIME ZONE
Regularly \$199
SAVE \$50 Only **\$149**

Zoom participants are required to have a webcam and microphone throughout the workshop and are encouraged to have a model for hands-on work.

Shoulder & Knee
ZOOM WEBINAR
Sunday, November 6
9am-5pm • 7 CEs*
CENTRAL TIME ZONE
Regularly \$199
SAVE \$50 Only **\$149**

Click to Register

Neck & Back
IN-PERSON WORKSHOP
Saturday, November 5
9am-5pm • 7 CEs*
CENTRAL TIME ZONE
Regularly \$199
SAVE \$50 Only **\$149**

In-Person Workshop at The New School for Massage
18440 Thompson Court, Suite 102
Tinley Park, IL 60477
Participants will be notified of any COVID-19 protocols prior to the event.

Shoulder & Knee
IN-PERSON WORKSHOP
Sunday, November 6
9am-5pm • 7 CEs*
CENTRAL TIME ZONE
Regularly \$199
SAVE \$50 Only **\$149**



BEN BENJAMIN, PhD (Sports Medicine) has been practicing massage since 1963 and has been nationally recognized for his contributions to massage therapy, receiving the AMTA President's Award in 2000 and an induction into the Massage Therapy Hall of Fame in 2010.
*NCBTMB Approved Provider #033029-00 • NYS Approved • Reports to Georgia and Florida CE Broker